



**The Pima County Parenting Coalition Announces
a Brown Bag Professional Development Training
Bring your lunch and join us for 90 minute training.**

Best Practices in Health & Nutrition

Presenter: Andrea Chiasson, MPH, RD, Senior Director, Health & Nutrition
United Way of Tucson and Southern Arizona

As parent educators, you would like to help your families adopt healthier eating habits. Creating this change in families calls for an understanding of parenting issues related to feeding and knowledge of what good nutrition is. This workshop will introduce the responsive feeding model and take a look at practical ways to help families make better choices in regards to nutrition.

Date:	March 1, 2012
Registration, Networking, and Check in:	11:00 – 11:30
Workshop:	11:30 – 1:00
Location:	Child & Family Resources 2800 E. Broadway Blvd.

Fee: No fee for Members of PCPC & \$10 for Non-Members

***Certificates will be given for this training.
Certificates cannot be given to attendees who are more than 10 minutes late.***

Please RSVP to Sean Young at sean@parentaid.org. Or call 798-3304.
Pre-registration is required and seating is limited.